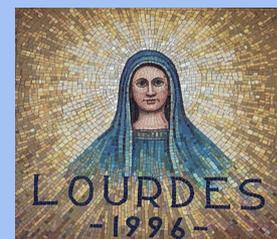




Parish Priest: Father Henry Duc
Phone: 9622 2960

OOSH: Ben Irmisch
Phone: 9676 7293



Newsletter Term 4 Week 4, 2022.

2nd NOVEMBER, 2022

FUTURE DATES

PUPIL FREE DAY
Monday, 7th November
NO SUPERVISION ON PREMISES

Friday, 11th November
Stage 3 Touch Football Day

14th to 23rd November
OLOL Swim Program
Wednesday, 30th November
Primary Swimming Carnival
K-2 Dryland carnival

Friday, 2nd December
Student Leadership Day
Year 6

Tuesday, 6th December
OLOL Christmas Concert
6pm - 8.30pm

Wednesday, 7th December
End of Year Reports sent home

Thursday, 8th December
Principals Morning Tea
(students only)

Thursday, 15th December
Year 6 Graduation and End of Year Mass

Friday, 16th December
Last Day for students in 2022

Tuesday, 31st January
1st Day for Years 1 - 6 in 2023

Wednesday, 1st February
2nd Orientation day for Kindergarten 2023

Thursday, 2nd February,
KINDERGARTEN 2023
FIRST FULL DAY OF SCHOOL - staggered starts
First Day for 2023 Uniform delivery to school



[Click here to view a 360° Virtual Tour of OLOL](#)

Principal's Message

Dear Families of Our Lady of Lourdes, In the last two weeks Our Lady of Lourdes has celebrated a number of community gatherings. Last week we had our first school disco in many years. It was wonderful to see so many children participate and to see so many parents being able to catch up with each other. Our thanks to the 2022 Parent Group and their many willing helpers to make such a successful event.



This week we also held our 2022 Parent Group AGM. Congratulations to our 2023 Parent Group executive.

President: Michelle Georgis

Vice President: Anastasia Joannou

Treasurer: Ani Patke

Secretary: Rosie Sadipoor

Publicity Officer: Melissa Laus

Thank you also to Andrew Nowak who has agreed to be the PRC representative for OLOL.

Special thanks to Ben Martin who has served in recent years as treasurer and is stepping down in 2023.

At the moment OLOL are welcoming our newest members of the school community through the process of our Kindy Orientation. I had the opportunity to speak with new and existing parents about some key aspects of our community that are relevant to us all. Three key themes were:

- *Loving relationships with God and each other are at the heart of our school*
- *Working in partnership with you to help your child be the best person that they can be.*
- *Setting the children up for success.*

The week ended with a focus on Mission. We celebrated as a faith community in the morning with our Mission Mass. In the afternoon our Mission to Busk activities raised nearly \$1,000 for Catholic Mission.

Finally a huge thank you to the parents who prepared such a special morning tea and gifts for OLOL staff to celebrate World Teachers Day. It was greatly appreciated.

**God Bless,
Keiran Byrnes**

HELPFUL WEBSITE LINKS:



Click on the image above to see our OLOL Seven Hills Facebook Page for the latest photos and updates. Like and Follow!

Or visit our school website below:



Enrolments for 2023

The school is accepting applications for enrolment. Enrolment applications are available online on the school website or collection at the School Office.

If you have any relatives or friends considering enrolling their child at OLOL in 2023 encourage them to submit their enrolment application.

We have limited spaces available for kindergarten 2023. For further enquiries contact Beth or Shyamala in the school office on 8869 6800.

OUR LADY OF LOURDES PRIMARY



7 Grantham Road, Seven Hills

T 8869 6800

www.ololshills.catholic.edu.au



Scan QR code to register
your interest

Enrolling Now for Kindy 2023

Out and About

Last Wednesday we held our Kindergarten information evening and today and next week we will have our orientation morning for our 2023 Kindergarten students. No matter how many times we attend these events we always enjoy the experience. It is a privilege to be part of the journey that these young children, and their parents, are beginning.

At the information evening parents were asked to write down their hopes and dreams for their children. Our school leaders spoke of the things they have enjoyed at OLOL and Miss Byrnes spoke of the core values that are important in education. The message of the night was of partnership. Partnership between parents and school, between school and parish, these partnerships support the educational and spiritual growth of the child. This theme continues to our orientation mornings. These mornings are an opportunity for the children to see their new environment, for teachers to meet the children and for the parents to gain a little more information about their child's first year at school. Whether the child is the first in the family, or the last, it is an important milestone. Each child is different and reacts in different ways.

Sometimes we had boisterous children, quiet children, those who ask after their parents and those who will happily wave their parents away. Our job is to make all these children feel secure and allow their parents to feel comfortable as they drop off their child. Sometimes it is easier for some than others but then that is true of education in general. As we begin this process for the children of Kindergarten 2023, we are confident that our community will make them feel welcome and that in choosing OLOL they have made the right choice. Keep your eyes out for our newest students as they begin the next stage of their life journey, it is bound to be an interesting ride and it is a privilege to share the journey.

Margaret Ferguson– Acting Assistant Principal



Term 4 - What's Ahead

Week 4

1/11/22 - All Saints Day Mass 9:15am

2/11/22 - Kindergarten Orientation Day 1

LOLO Kindergarten orientation will be held for our newest children and families in our community. Children will visit the school in small groups in order to become familiar with Our Lady of Lourdes.

Weeks 4 - 10

Christmas Hampers

This year we will once again be making class hampers of non-perishable food items, which will be used by the St Vincent de Paul to help those in need in our community. We ask for your assistance in donating items for the hampers.

Week 5

7/11/22 - Staff Development Day

Staff Planning day. Please contact OOSH if you require supervision for your child on these days.



9/11/22 - Kindergarten Orientation Day 2

LOLO Kindergarten orientation will be held for our newest children and families in our community. Children will visit the school in small groups in order to become familiar with Our Lady of Lourdes.

10/11/22 - Stage 3 excursion

Stage 3 Australian Museum & St Mary's Cathedral Excursion

11/11/22 - Stage 3 Touch Football

11/11/22 - Remembrance Day Liturgy 9:00am

The Remembrance Day Liturgy will be held in the hall starting at 9:00am. Parents are invited to attend. This marks the anniversary of the Armistice, which ended the First World War.

Week 6 and 7

14/11/22 till 23/11/22- Swimming Program

LOLO will participate in our annual Swim and Survive Program for all year groups Kindergarten to Year 6.



Term 4 - What's Ahead

Week 8

30/11/22 - K-2 Dry Land Carnival

The staff and children in grades K-2 will be participating in a 'dry-land/get wet' carnival on Thursday 30th November. They will be taking part in various novelty events. The children are permitted to wear their sports uniform to school with their swimmers underneath.

30/11/22 - 3-6 Swimming Carnival

This carnival will be held at Blacktown Swimming Pool. Children will travel from school by bus to the pool. After the carnival they will return to school by bus. The children are permitted to wear their sports uniform to school with their swimmers underneath.

2/12/22 - Student Leadership Day Year 6

Students from Year 6 will take part in a Leadership Day looking at the concepts of servant leadership and how they can use their God given gifts and talents to serve others. This day will be held at school and facilitated by the Year 6 teachers.

Week 9

6/12/22 - End of Year Awards and Christmas Concert 6:00pm - 8:30pm

End of Year awards will be presented at the beginning of the Christmas Concert which will be a wonderful way to end the school year. This event is a whole school event and all students and parents are encouraged to attend.

7/12/22 - End of Year Reports sent home

The school does **not** organise parent teacher meetings for all children at this time of year. However, if parents wish to discuss their child's report with their teacher please contact the school and make an appointment.

8/12/22 - Principals Morning Tea

Children who receive commendable effort in all Key Learning Areas in their school report will be invited to a Principal Morning Tea held in the playground.

9/12/22 - Movie Day and Meal Deal

The Parent Group have organised for a Movie Day that will be in the hall at approximately 11:00am. The Parent Group will also run a meal deal. Details to come.



Week 10

13/12/22 - Students meet their teacher for 2023

Students will have the opportunity to meet their 2023 class teacher and 2023 classmates on this day. Between 11:15 and 12:45 children will be participating in some "getting to know you" activities as a way of building confidence for a successful year ahead.

15/12/22 - End of School Year and Year 6 Graduation Mass

Families are invited to attend the End of School Year and Year 6 Graduation Mass starting at 9:15am. We will have an acknowledgement of the FAITH IN ACTION TEAM for their hard work throughout the year as well. The St Vincent de Paul hampers will be delivered on this day.

15/12/22 - Year 6 Disco 6:00pm till 8:30pm

16/12/22 - Last day of term for students

Week 11

19/12/22 to 20/12/22 - Staff Development Days

Staff Planning for 2023. Please contact OOSH if you require supervision for your child on these days.

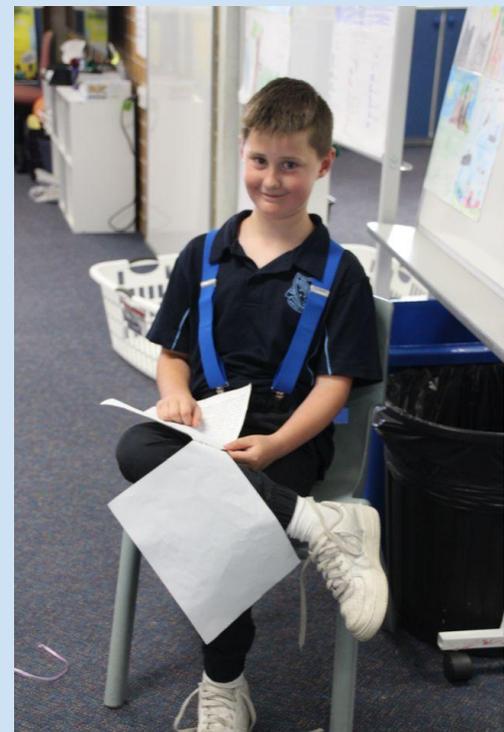


RE NEWS - MISSION MASS PHOTOS

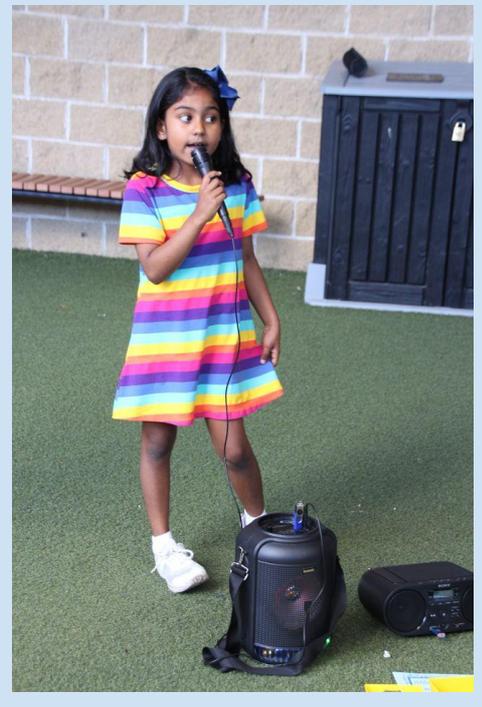


RE NEWS - MISSION TO BUSK

Thank you to all the staff, students and parents who helped support Mission to Busk afternoon at OLOL. We had so many talented performers that contributed to the success of the day. We raised \$923 for Mission Australia! Your generosity and support is greatly appreciated. Below are photos of the day.



RE NEWS - MISSION TO BUSK



RE NEWS - MISSION TO BUSK

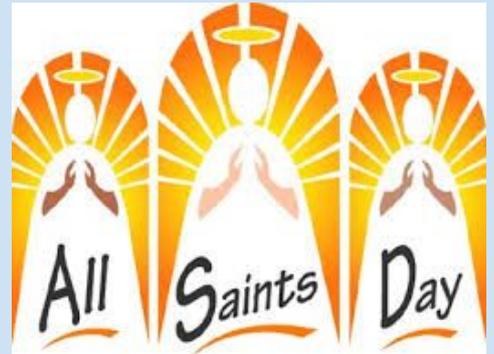


RE NEWS - MISSION TO BUSK



RE NEWS

All Saints Day Mass



On Tuesday 1st November we celebrated the feast of All Saints at 9:15am in the Church. We honored those men and women who—whether they’ve been canonized or not—have led lives of heroic virtue that sets an example for all Christians. The saints can help us in our spiritual lives. By praying with the saints, we can grow closer to God.

Remembrance Day Liturgy



On the 11th November we will mark the anniversary of the Armistice, which ended the First World War. We will be having a liturgy in the hall at 9am to commemorate this. Parents are welcome to attend. The Armistice was an agreement signed by representatives of France, Great Britain and Germany. It was an agreement to end fighting as a beginning of peace negotiations. The Treaty of Versailles signed six months later would act as a peace treaty between the nations.

On this day this year, the staff and students will gather in the hall to remember all those around the world who have died as a result of war – past and present.

ST VINCENT DE PAUL HAMPERS

Advent is a perfect time to put our faith into action by participating in the Christmas appeal for our local Saint Vincent de Paul Society. This year we will prepare class hampers of food items, which will be used by the society to help those in need in our community.

As part of the Winter Appeal initiative, teachers and students will be completing activities during class time to become aware of why we give hampers to families and the elderly who are disadvantaged, vulnerable and isolated, and for those who are struggling and suffering through hard times, particularly during the Christmas season. Here is a great link to [Vinnies Classroom Activities](#) to promote the initiative at home as well.

We will present our hampers to a Society representative at our End of Year Thanksgiving and Graduation event on 15th December, 2022. We ask that all families help support this appeal by sending in donations of non-perishable food items for the class hampers. We have plenty of hampers and boxes to fill.

Thank you for your ongoing support, Lucy Messina (Religious Education Coordinator)

Some examples are:

<ul style="list-style-type: none">● Powdered or long life milk● Bottled water● Canned soups● Canned vegetables● Canned fruit● Canned tuna● Canned tomatoes● Dried fruits● Granola bars● Cereals● Nuts● Crackers● Peanut butter● Tinned meat● Christmas cake● Gravox● Disposable razors● Feminine hygiene● Kleenex wipes and toilet paper● Shampoo/conditioner	<ul style="list-style-type: none">● Honey or Syrup● Pancake mix● Vegetable oil● Rice● Lentils● Beans● Pasta● Noodles● Oats or other cereal● Tea bags● Jellies and jams● Sugar● Salad dressings● Baby food● Nappies● Soaps● Tooth care● Shaving cream● Deodorant● Cleaning products
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2022 Swim and Survive Program

This year's annual swim and survive program will be held on Monday 14th November - Wednesday 23rd November at Aquatic Safety Training Academy, Seven Hills. All details regarding the program has been sent out in a note earlier this week. In preparation for the program the Academy would like a Student Survey to be completed for each child. Please scan the QR Code below to complete the survey. Please note that swimming is a compulsory part of the school's curriculum. Please complete these online forms by **Monday, 7th November**. All requests for non-participation, for any reason, need to be in writing to Ms Byrnes before Friday, 4th November.

↓ Scan this QR Code to complete the swim school student survey

Swimming Timetable:



Year Group	Lesson Start	Lesson Finish
Year 4	9:00 am	9:40 am
Year 5	9:40 am	10:20 am
Year 1	10:20 am	11:00 am
Year 6	11:00 am	11:40 am
Year 3	11:40am	12:20pm
Kinder	12:50 pm	1:30 pm
Year 2	1:30 pm	2:10 pm

2022 Swimming carnival (3-6) and dry land carnival (K-2)

This year's Annual Swimming Carnival will be held on **Wednesday, 30th November** at **Blacktown Aquatic Centre** in their indoor pool. Students from Years 3-6 will be involved in a half day carnival, starting at 9:00am and concluding at 12:00pm. **Students in K-2 will remain at school on this day.** They will be participating in a 'water play day' and take part in various novelty events held on the playground during the middle session whilst the primary carnival is occurring at the Aquatic Centre.



Congratulations to students who received Gold and FIA Awards

Kinder Xavier Sadipoor, Marlin Deo

Year 1 Tyler Horvath, Apadiet Ruei

Year 2 Rmaanjot Singh, Gerard Sleiman

Year 3 Benjamin Spadaro, Scarlett Bong

Year 4 Isaac Abdel-ahad, Sukhleen Insan

Year 5 Lucas Watts, Zahra Hallett

Year 6 Timothy Heenpellage, Ben Albion



TERM 4 2022 MERIT AWARDS

Kindergarten Aathmika Subaraj, Aran Sriram, Nia Patel, Jai Bhatta

Year 1 Annabelle Lo, Ayaan Mehta, Isra Khadeer, Nathan Wrigley

Year 2 Jessica SanDiego, Senaya Gunathilaka, Kay Wang, Sebastian Batache

Year 3 Tatum Leusden, Kiyana Cassaniti, Taylyn Buckley, Peyton LanFranca

Year 4 Charbel AbouYaghi, Taylan Tufanoglu, James Touma, Edward Zhuang

Year 5 Annie Bhatt, Eshaan Karigoudar, Thomas Cadavid, Avish Pragash

Year 6 Masyn Buckley, Shaan Patel, Leo Culili, Jamie Hallett



MEDICATION POLICY

Parents are responsible for:

Obtaining the relevant medication forms from the school and arranging for their completion and return

- Providing the medication in the original labeled container to the nominated staff member
- Ensuring the medication is not out of date and has an original pharmacy label with the student's name, dosage and time to be taken
- Providing a request by parents and written instructions from a medical practitioner for medication that is not obtained on prescription, indicating:
 - Name of student
 - Condition for which the medication is required
 - Guidelines for administration



Uniforms

Parents are able to order uniforms using the Qkr! app. All uniforms delivered to school each Thursday will then be sent home via your child.

The last day for 2022 to order uniforms is Tuesday, 22nd November for delivery Thursday, 24th November.

The First delivery for 2023 will be Thursday, 2nd February.



BIRTHDAY CELEBRATIONS AT SCHOOL

Children wishing to share a birthday treat with their friends are encouraged to bring in either wrapped lollipops or a small packet of chips. These can be distributed easily with minimal contact.



STUDENTS ARE TO WEAR THEIR SPORTS UNIFORM ON THE FOLLOWING DAYS FOR TERM 4

KINDERGARTEN
 YEAR 1
 YEAR 2
 YEAR 3
 YEAR 4
 YEAR 5
 YEAR 6

TUESDAY
 WEDNESDAY
 WEDNESDAY
 WEDNESDAY
 TUESDAY
 THURSDAY
 TUESDAY & FRIDAY



PATRICIAN BROTHERS' COLLEGE BLACKTOWN

IS WHERE YOU **BELONG**



SCAN ME

Year 7

ENROL NOW FOR 2023/2024

P: 8811 0300
W: patblacktown.catholic.edu.au
E: patricianbros@parra.catholic.edu.au

STUDENT EXTENDED LEAVE

Family holidays and travel outside of school holiday period will be considered individually based on your child's attendance. If the leave is more than 5 days you are required to complete an application for Extended Leave for travel of 5 or more days. This form can be downloaded from the school website or is available at the school office.

SCHOOL FEES

If you have not received a statement or wish to discuss a payment arrangement plan, please contact Shyamala on 8869 6800 during Office Hours.

Thank you for your support with this matter.

CatholicOutlook

News from the Diocese of Parramatta

Catholic Outlook, the magazine of the Diocese of Parramatta, is now available as an online version click on the link to view the magazine
catholicoutlook.info/Spring22

Or click on the link below which will take you a QR code to view the latest Catholic Outlook
<https://oscarportal.parra.catholic.edu.au/SiteAssets/Lists/NeedToKnow1/EditForm/QR%20Code%20Catholic%20Outlook.png>



If your child/children will not be returning to Our Lady of Lourdes in 2023, would you kindly inform the office.

Notice in writing will be accepted at any time during Term 4 in relation to the following year's enrolment. In this circumstance the requirement of 10 weeks notice will be waived.

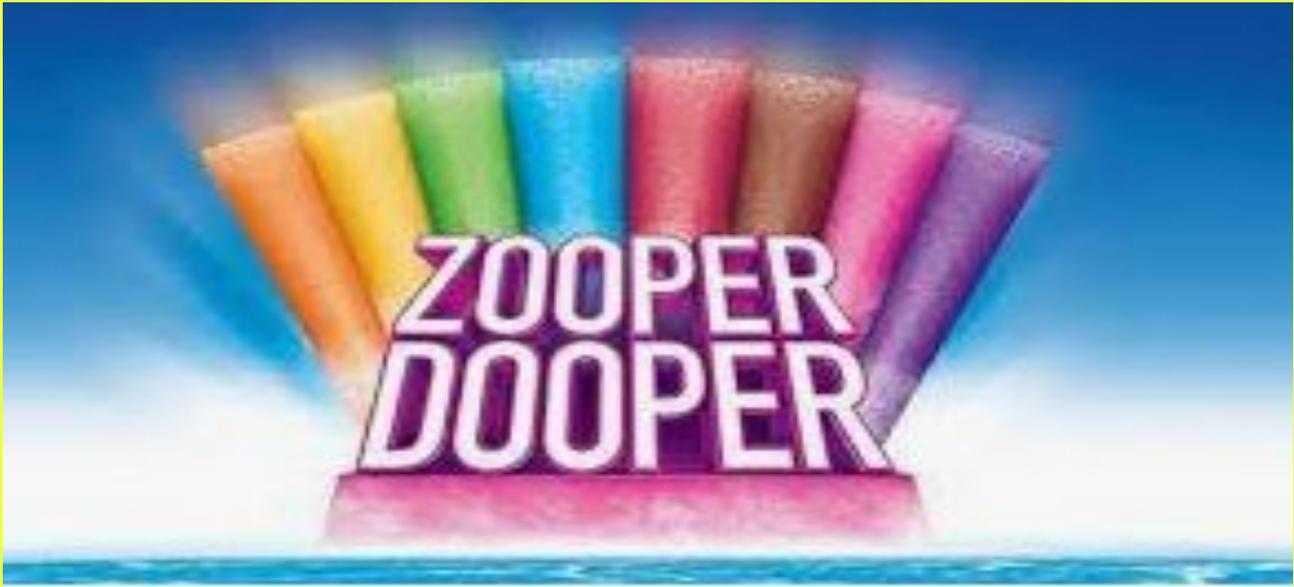


Our next Staff Development Days (pupil free day) at OLOL is:

Next Monday 7th November (Week 5 of term 4)

There will be no school for students on this day. If families need to arrange care for your children on these days please contact Lourdes OOSH on 9676 7293

ICE BLOCKS TERM 4 NOW ONLY AVAILABLE TO PURCHASE ON QKR! APP.



To maintain Ice Block sales during Term 4 we are using the pre-order system using the QKR! app. If you would like a zooper dooper for your child on a Monday, Wednesday or Friday starting in Week 1, you will need to pre-order by 11:00 am on the day. Zooper doopers will be sold for \$1 each.

Please do not send cash to avoid any disappointment. Ice Blocks can only be purchased through the app from now on. This is available now on the Qkr! app. The first day for sales will be Wednesday the 12th of October.

You will need to set up or update a profile for each of your children on the Qkr! app so the ice block will be delivered to their classroom (Please ensure that your child's class is correct). A helpful guide is attached. Here is also a video for helpful guides for using the Qkr! app for purchases. <https://www.youtube.com/watch?v=TjH9HjbpIE4>

Thank you for your support.



Compass Parent Portal

A guide for Parents



How do I access Compass?

Compass is accessible on any modern web browser (Internet Explorer, Firefox, Chrome, Safari) or by using the Compass iOS or Android apps (continue reading to learn more about the app including how to use it).

To access the parent portal, you can go to <https://schools.compass.education/> where you can search for our school's direct URL.

Compass Apps

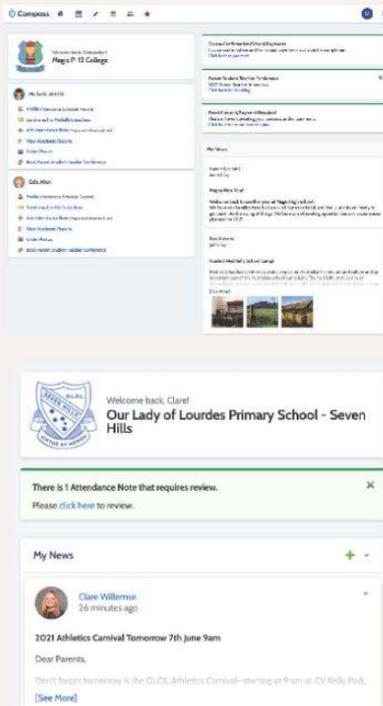
Using the app you can:

- View the school news feed
- Receive messages from the school
- View your child's timetable and the school calendar
- View Learning Tasks
- Add Attendance Notes
- View academic reports



The Compass home screen

The home screen provides you with relevant alerts and news, as well as quick access to your child's profile.



School Calendar

- Link to school events

Your Children

- To access more information click on the relevant quick link or select Profile to access detailed information about your child.

Main Menu

- Allows you to access other Compass and school resources. The Tools icon allows you to update your contact details and change your password.

News

- Recent school news items and information relevant to you. This may include newsletters, details of upcoming events.

Alerts

- Custom notifications for items that require your action or attention. These may include excursion notifications, ordering options for school photos, absence notifications, survey, and student report availability.

Entering an Attendance Note

1. From the Compass home screen (or from your student's profile), click the Add Attendance Note item.
2. From the pop-up window:
 - Select the reason
 - Enter a brief description of the absence
 - Select the start and finish time
 - Click the 'Save' button



Where possible, attendance notes should be entered prior to the absence/lateness occurring.



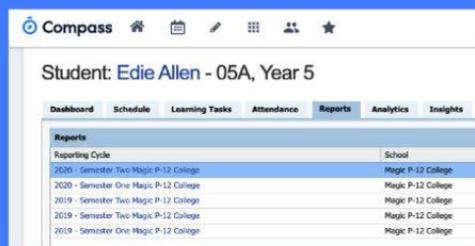
SMS Link

If your child is marked as absent without prior approval you will receive a message containing a link. When you follow the link, you will have the opportunity to explain the absence.

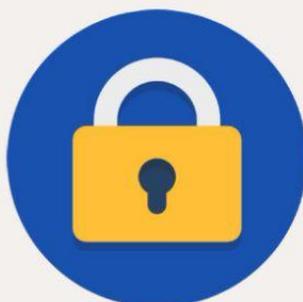
The link will expire after you have clicked it, meaning that it cannot be used to explain unapproved absences in the future. Instead, you will receive another message containing a new link, allowing you to repeat the process.

Viewing Academic Reports

1. From the home screen, click on the 'View Academic Reports' item or navigate to the 'Student Profile' and click the 'Reports' tab.
2. A list of 'Academic Reports' will be displayed. Click the report title to download the PDF.



Privacy and Security



When you use Compass you will notice a padlock appears in your browser's address bar on the left.

This is because Compass uses a technology called TLS (Transport Layer Security). This means that your Compass session is encrypted and secure. Further, Compass adheres to PCI DSS compliance obligations to ensure any credit card details are managed safely, consistent with industry credit card regulations.

We are committed to the privacy of your information.

UNIFORM ORDERS

A friendly reminder that all orders are to be placed on the Qkr app by MasterCard. Please follow the instructions below.

Delivery to the school is every Thursday during the school term free of charge and orders must be placed by 4pm Tuesday for delivery on Thursday.

All uniforms delivered to school will then be sent home via your child.

The last day for 2022 to order uniforms is Tuesday, 22nd November for delivery Thursday, 24th November.

[The First delivery for 2023 will be Thursday, 2nd February.](#)



masterpass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!
on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register
Select your Country of Residence as 'Australia' and follow the steps to register

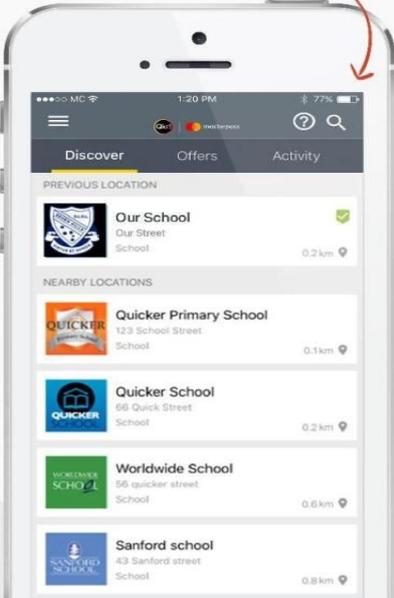
Step 3 Find our school
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

Step 4 Register your children
When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name



Location Type	School Name	Address	Distance
PREVIOUS LOCATION	Our School	Our Street	0.2 km
NEARBY LOCATIONS	Quicker Primary School	123 School Street	0.1 km
	Quicker School	66 Quick Street	0.2 km
	Worldwide School	55 quicker street	0.6 km
	Sanford school	43 Sanford street	0.8 km



masterpass

Add your children's details in Student Profiles

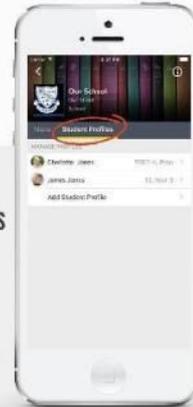
Select
'Add student profile'



Add each
child's details



Manage each
child's details in
Student Profiles



Purchase school items

Select a menu
from our school



Select child
you are
ordering for



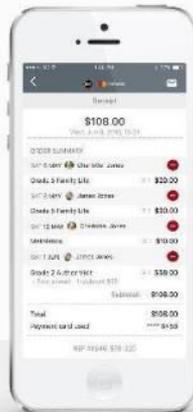
Select your items

Tap 'Checkout'
then confirm and pay



Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.

Please refer to the size chart when ordering uniforms

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

Boys Short Sleeve Shirt							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	39	42	44	48	51	54	57
Body Length	49	54	59	61	64	68	71

Boys Shorts							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	22	24	26	28	30	32	34
Length	36	38	40	43	45	47	49

Boys Long Sleeve Shirt							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	38	40.5	43.5	46.5	49.5	52.5	55.5
Body Length	52	57	62	66	71	77	81

Boys Pants							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	24	26	28	30	32	34	36
Length	71	77	83	88	95	100	105

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

Girls Summer Dress							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	39	40	41	44	47	50	53
Body Length	64	67.5	71	77.5	82.5	87	92

Girls Winter Tunic							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	38.5	39.5	40.5	43.5	46.5	49.5	52.5
Body Length	60.5	64	67.5	74	76	84	88.5

Girls Long Sleeve Blouse							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	37.5	39	41	45	48	50.5	53.5
Body Length	51	53	54.5	58	61	63.5	66.5

Poly Cotton Jumper							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	36	39	42	45	48	51	54
Body Length	46	46	48	54	57	61	61

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

<u>Short Sleeve Polo</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	34	37	39	42.5	45	47	50
Body Length	49	52	55	58	61	64	67

<u>Sport Shorts</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	24	26	28	30	32	34	36
Length	32	34	36	38	40	41	42

<u>Sport Jacket</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	42	44	46	48	50	52.5	55
Body Length	53	55	57	59	61	63	65

<u>Sport Pant</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	23	25	27	29	31	33	35
Length	67	72.5	79	85.5	92	97	102

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.