

OUR LADY OF LOURDES Seven Hills

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### Newsletter Term 4 Week 2, 2021.

#### FUTURE DATES Week 1 - 3 Socktober see details in newsletter

Monday, 18th October Kindergarten and Year 1 return, students to wear their sports uniform their first day back

#### Monday 25th October Years 2 - 6 return all students to wear their sports uniform on their first day back

Tuesday, 26th October & Thursday, 28th October Orientation information evening via zoom for our new kindergarten 2022 families

#### Tuesday, 14th December Last day of Term 4 for all students

2022 First day of Term 1 for **Yrs 1 - 6** Tuesday, 1st February

Kindergarten 2022 first FULL day of school Thursday, 3rd February



<u>Click here to view a</u> <u>360° Virtual Tour of</u> <u>OLOL.</u>

Stay informed: Link to NSW Health



### Principal's Message



Dear Families of Our Lady of Lourdes,

Welcome Back to School! It will be wonderful to start welcoming children back to school. Everyone is excited at the prospect of being back, including the teachers. The playground will once again be alive with the sounds of children laughing and chattering. The return to school process will start on Monday 18th October with Kindergarten and Year 1 returning and on Monday 25th October with all Year 2 - 6 students returning. The teachers have planned a special celebration day for the children's first day of return. Over the next few weeks, we will keep you updated with the latest events and news about returning to school.

As this strange year has unfolded and we have been unable to go about our usual routines, many have had the realisation that our need for person-to-person connection is paramount. For children and adults alike, we need a connection in which we are cared for, supported and loved. With this top of mind, this term we will continue to focus on connection for the wellbeing of all in our community. Connection between children, their teachers, other staff members, parents and friends.

Being back in the classroom, we will also be focusing on everyone finishing the year well and preparing all students for their new class (or High School) next year. No doubt, it will be an engaging term for all.

We are extremely proud of how resilient and positive our children have been throughout the unprecedented period of lockdown. From coping with school closure and the absence of dear friends to migrating into the world of online school, the children have, without exception, embraced every stage with an impressive attitude. Congratulations one and all.

Our Lady of Lourdes will continue to follow NSW Health advice to ensure the safety and wellbeing of our community. This newsletter will be a "Back to School" edition that will outline solutions in place as students gradually return to school. We know there is lots of information but please read the detail carefully.

> God Bless, Keiran Byrnes

### 13th OCTOBER, 2021



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Click on the image above to see our OLOL Seven Hills Facebook Page for the latest photos and updates. Like and Follow! Or visit our school website below:





### **Enrolments for 2022**

The school is accepting applications for enrolment. Enrolment applications are available online on the school website or collection at the School Office.

If you have any relatives or friends considering enrolling their child at OLOL in 2022 encourage them to submit their enrolment application. We have limited spaces available in 2021. If you are an existing family with a younger child ready for school in 2022 it is important that you submit your application. For further enquiries contact Beth or Anne in the school office on 8869 6800.



## **Out and About**

Next week we look forward to welcoming back our youngest students in Kindergarten and Year One and the rest of our students the following week. There is no doubt that we have some new routines and protocols to become familiar with, but we are confident in being able to start Week 3 positively. At times there may be some communication challenges with masks, regulation challenges with physical distancing and regular handwashing. Still, we know that we have things in place to be successful with school re-entry. During their first week back at school, teachers and students will spend time reconnecting. Re -establishing relationships and determining "where students are at" after a number of weeks of learning at home to ensure that we are meeting student needs going forwards.

Together, as OLOL staff, students and families, we will make the school a safe and healthy place for students to thrive. We want students to feel safe and cared for, and we want parents and families to feel the same. We can't wait to see all of your children engaging in work and happily playing with and talking to their friends. We have missed you!

### **Semester 2 Reporting**

In response to changes to the learning and teaching environment during COVID-19, Our Lady of Lourdes, like other schools in our Diocese, have needed to adjust their assessment and reporting processes. While the report at the end of Term 4 will look slightly different, it will still provide you with valuable information about your child's learning, while complying with government requirements.

This 2021 second Semester report at OLOL will not use the A-E scale. The report format for this semester will include a number of learning observations of what your child can do focussed on Religious Education, English and Mathematics as well as a general comment.

We understand that you will have many insights to share about your child's current needs, particularly as parents you have spent many hours supporting your child's learning at home. On Monday 18th October we will send parents a google form asking you to reflect on what your child was able to do well and what your child found challenging when learning at home.

Thank you for being part of our caring Catholic school community. As always, our dedicated teachers welcome conversations about your child's learning and wellbeing.

### Monday 18 October:

- 2021 OLOL Semester 2 Parent Reflection Google form sent home.
- Monday 6 December:
  - Student reports sent home.

## Margaret Ferguson

# **RETURN to SCHOOL GOOD HABITS**

Some of you might have fallen into bad habits with sleeping and eating through lockdown. That's okay! But there's time to put them right before school starts again.

### Get some sleep!

Start going to bed at the time you usually would to get up for school. Do this at least a week in advance. To get the best sleep quality, don't use blue light (phones, iPad or TV) for half an hour before bed. Have a warm milky drink. Read a book to drift off.

### Eat well

Try to prepare your body by eating well. Eat fruit and vegetables if you can and eat at roughly the same times you would at school. Ask your parents to get you some break time snacks so you're ready!

### **Exercise**

Get out and about and prepare your body to be active again.

### **Prepare and pray**

Lay out your uniform and pack your bag the night before. Say a prayer - ask for God to be with you!

r God.

Help me have the courage I need when returning to school. Help me remember that you are with me.

Help me to care for others and use my experience of lockdown to grow. Please be with all the staff at my school, as we face some uncertainty together. Thank you for keeping me safe. Amen



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## Return to School RoadMap

Level 3 Plus - Staggered Return Monday 18th October	Kindergarten and Year 1 Return for Face to Face learning Staggered Return of Staff onsite Year 2, Year 3, Year 4, Year 5, Year 6 continue online Learning
Level 3 - Full Return Monday 25th October	<ul> <li>All staff and students are expected to be at school with visitors and activities limited.</li> <li>All students should be at school on the date indicated for their year group, unless:</li> <li>they have a medical certificate which says they can't return to school due to a condition or illness</li> <li>they are currently unwell</li> <li>they have been asked by NSW Health to self- isolate.</li> </ul>

## Settings To Enable Return to Face to Face Learning

Vaccinations	OLOL adheres to the Public Health (COVID-19 Vaccination of Education and Care Workers) Order 2021 (PHO) in relation to vaccinations
Masks	Staff : All indoor and outdoor settings Students: Masks are recommended indoors and outdoors for primary students (unless exercising or eating)
Visitors	<ul> <li>Non- essential visitors are not permitted on school sites.</li> <li>Parents should: <ul> <li>Communicate with the school via phone and email</li> <li>Follow drop off and pick up arrangements</li> <li>Follow physical distancing advice and avoid gathering outside of school gates</li> <li>Remain outside of school grounds</li> <li>Adhere to mask wearing requirements and sign-in using the Service NSW QR code and the school kiosk when entering the school.</li> </ul> </li> </ul>
Safety and Wellbeing including Essential Hygiene	<ul> <li>Our Lady of Lourdes is regularly and professionally cleaned including additional cleaning targeting high touch areas</li> <li>Bubblers are turned off and unavailable. Therefore, send your child with a labelled water bottle.</li> <li>Continue to implement appropriate social distancing. Encourage good hygiene practices including washing hands frequently.</li> <li>Air conditioning services have been serviced in the last two weeks</li> <li>Windows and fans ensure ventilation of spaces</li> <li>If a child is unwell at school parents will be contacted to collect their child.</li> <li>Parents please ensure that you do not send your child to school if they are unwell. If your child is even slightly unwell with a sore throat, cold, cough, upset stomach or temperature they need to be kept at home until they are 100% well and symptom free.</li> </ul>
Minimise student interaction across cohorts	<ul> <li>To minimise physical interaction of students on school grounds Our Lady of Lourdes will implement</li> <li>Staggered break times and designated playgrounds</li> <li>Zoom assemblies on Friday afternoon at 2:15pm will commence 29th October</li> </ul>

## Return to School RoadMap Continued



## Term 4 Activities will adhere to the current restrictions.

WHAT IS PERMITTED WITH MODIFICATION	<ul> <li>Dance and/or drama are permitted in-line with COVID-Safe practices within classes in outdoor spaces.</li> <li>Mixing of classes is not permitted (except for HSC assessment purposes with COVID Safe practices in place)</li> <li>Schools must make alternative arrangements for graduations, formals and school dances that support the broader guidance. This includes:         <ul> <li>No mingling of student cohorts</li> <li>No visitors (including parents and carers)</li> <li>Events to align with current health order restricting size of gatherings</li> <li>COVID Safe planning</li> </ul> </li> <li>Personal hygiene, physical distancing, cleaning and record keeping practices must be adhered to at these events.</li> <li>Library activities are permitted in-line with the Infection Control requirement for Libraries</li> <li>Uniform Stores can only operate if they:         <ul> <li>are online</li> <li>have pre-ordering arrangements in place, with one dedicated staff member attending outside of school hours to arrange distribution.</li> </ul> </li> </ul>
ACTIVITIES THAT ARE NOT PERMITTED OR ON HOLD DURING SCHOOL HOURS OR WITHIN SCHOOL GROUNDS	<ul> <li>Schools must cease the following activities:</li> <li>Singing, chanting, group repetition and choirs (except for HSC preparation and assessment purposes as outlined above)</li> <li>Sport (except for sport within existing PDHPE classes, provided this limits student mingling)</li> <li>Bands and ensembles</li> <li>Emergency drills. Drills should be put on hold until further notice</li> <li>Interschool activities and events including interschool sport, gala days, trials, knock outs and carnivals</li> <li>Assemblies</li> <li>School performances, productions, concerts, speech nights and award presentations</li> <li>Excursions, camps, field trips and principal-endorsed activities for students</li> <li>International excursions</li> <li>Student visits to aged care facilities.</li> <li>School orientation programs are to be postponed until further notice.</li> <li>Compliance training (e.g. First aid/CPR) is to be conducted online until further notice.</li> <li>Community events (fetes, grandparents' days etc.)</li> <li>Playgroups</li> <li>P&amp;F activities, including meetings (unless held online only)</li> <li>All external providers and specialist programs not directly related to educational outcomes and support, including Community Use of School Facilities (such as markets and all after school activities) unless delivered online only</li> <li>School holiday programs (noting that vacation care programs on school sites may continue).</li> </ul>
FORMALS, GRADUATIONS, END OF YEAR CELEBRATIONS ORIENTATIONS AND TRANSITION	Further advice will be provided in Term 4 working closely with the mass gatherings team in NSW Health.

## **Term 4 School Activities**

This term with some easing of restrictions we hope to be able to engage with some of our usual activities during the term albeit adapted to ensure COVID19 safe plans.

### Week 1 -3

### Socktober

Our Lady of Lourdes participating in the Mission initiative. See RE news in this newsletter.

### Week 3 Celebration Day 18/10

Kindergarten and Year 1 returning to school. Monday 18th October Celebration Day. Kinder and Year 1 students are to wear their sports uniform on their first day back at school.

### Week 4

### **Celebration Day 25/10**

Years 2 - 6 returning to school. Monday 25th October Celebration Day. Years 2, 3, 4, 5 and 6 students are to wear their sports uniform on their first day back at school.

### Kindergarten Orientation 26/10 and 28/10

OLOL is running an adapted Kindergarten orientation for our newest children and families in our community. This will involve virtual Parent Information meeting for parents of children beginning Kindergarten in 2022. Orientation activities will be online as we await further advice in Term 4. We make these newest and youngest members of our community most welcome.

### Week 5

### All Saints Day 1/11

OLOL will participate in prayer and activities focussed on All Saints Day.

### Week 6 and 7 Swimming Program- cancelled

OLOL is unable to participate in our annual Swim and Survive Program for all year groups Kindergarten to Year 6 in 2021. Reimbursement of costs for parents has been calculated and will appear as a credit in your school fee statement.

### Week 7

### Student Leadership Day Year 6 students 15/11

Students from Year 6 will take part in a Leadership Day looking at the concepts of servant leadership and how they can use their God given gifts and talents to serve others. This day will be held at school and facilitated by the Year 6 teachers.

### Week 8

### **Christmas Concert - cancelled**

OLOL is unable to hold our annual Christmas Concert.

### Week 9

### End of Year Awards 30/11

End of of Year awards that are normally presented at the beginning of the Christmas Concert will be presented at school in a modified COVID Safe format. This event will be recorded and shared with parents. Details are being finalised and will be communicated in the coming weeks.

### **Christmas Story Reflection 2/12**

**Due to COVID restrictions it is not possible to have our annual Christmas Concert.** As an alternate the children will prepare and participate in a Christmas story reflection throughout the day.

### **Swimming Carnival- cancelled**

OLOL is unable to participate in our annual Swimming Carnival for Year 3 - Year 6 in 2021. Reimbursement of costs for parents has been calculated and will appear as a credit in your school fee statement.

## Term 4 School Activities - continued

### Week 10

### Student Reports go home 6/12

Reports will be available on COMPASS Parent Portal on Monday 6/12. This 2021 second Semester report at OLOL **will not** use the A-E scale. The report format for this semester will include a number of learning observations of what your child can do focussed on Religious Education, English and Mathematics as well as a general comment.

### Year 6 Graduation Activities 9/12

Details of these activities are still be finalised as we work to meet COVID safe guidelines. Nevertheless, Year 6 will celebrate their graduation with liturgy, a graduation ceremony where they will receive their graduation certificates in a modified format. These two events will be live streamed. Further advice will be provided in Term 4 from NSW Health.

### **Principal's Picnic 10/12**

*Children who receive commendable effort in all Key Learning Areas in their school report have in the past been invited to a Principal Morning Tea held in the hall. This event will be modified in 2021 to meet COVID safe guidelines.* 

### Week 11

### Students meet their teacher for 2022 13/12

Students will have the opportunity to meet their 2022 class teacher and 2022 classmates on this day. Between 11:15 and 12:45 children will be participating in some "getting to know you" activities as a way of building confidence for a successful year ahead.

### Last Day of School for students 14/12

This is the last day of the school year for 2021 for students.

### Staff Formation Day 15/12

This day was originally planned for Friday of week 5 for Term 4. To lessen the impact for parents and students after only just returning to school the date was transferred to the end of the year. Please contact OOSH if you require supervision for your child on this day.

### Staff Development Day 16/12

Staff Planning for 2022 Please contact OOSH if you require supervision for your child on this day and/or 17 December 2021.

### **Christmas Hampers**

This year we will once again be making class hampers of non-perishable food items, which will be used by the St Vincent de Paul to help those in need in our community. Details will be communicated in the coming weeks. We are very aware that this request may cause financial strain to some of families and we do not wish to cause any additional financial strain. Please give what you can give to support others in need.

Please note that all the above details have been communicated at this point in time based on best available information and advice from NSW Health and CEDP guidelines. As you aware this advice may change at any time and if so the school will adjust accordingly. Any changes or further information we will communicate to you as soon as practicable. Thank you for your cooperation and understanding as we continue to work together to keep our community safe.

## School COVID-19 Drop Off and Pick UP Arrangements

Our COVID 19 safe morning drop off and afternoon pick up arrangements will be reintroduced Monday 18th October. The same allocated staggered departure times will also be in place to ease traffic congestion.

**Thank you** to the 170+ responses to the <u>2021 OLOL Student Pick Up Arrangements</u> survey. We have 340 students so if you have not filled in this survey for each of your children please do so by Friday 15th October.

### Drop off and Pick up of Children

Parents will be required to stay in their cars and use the kiss and drop area in the morning and afternoon. Times in the afternoon will be staggered to ease congestion and you will be allocated a pick up time of 2:45, 2:55 or 3:00pm. Those parents accessing OOSH will be able to continue to drop and collect their child in the usual manner. The purpose of these arrangements is to restrict adult to adult contact as much as possible. We created a video made last year to explain this procedure- <u>Click Here</u>

Morning Drop off and Afternoon Pick up routines

### • Morning Drop Off 8:10 to 8:40am

- Use Kiss and Drop only
- Parents to remain in cars
- Students to open car doors themselves
- Students to enter school by the gate that accesses the carpark
- Parents walking children to school are to remain outside the Grantham Road gate.

### • Afternoon Pick Up at 2:45, 2:55 or 3:00pm

- Kiss and collect as per morning routine
- Display reissued family name sign in the front windscreen (see example next page) of your car
- Pull up in bays in front of the hall entrance
- Teachers will send students to your car
- Parents to remain in car
- No parent parking will be available on the OLOL site Kiss and collect only
- Use the "seat belt bay" to ease congestion
- Please arrive at the scheduled time for your family
- Turn left only out of the school driveway to ease congestion and ensure everyone's safety.

### CLEARLY display your Surname name card

A suggested option for you would be to display your name card on your passenger visor with either fold back clips or rubber bands as shown below:





# School COVID-19 Drop Off and Pick UP Arrangements continued

Group	Pick Up time From Monday 18th October
Group 1 Yellow	2:45 - 2:55
Group 2 Blue and Green	2:55 - 3:05
Group 3 Pink	3:00 - 3:10

Group 1 Yellow **do not queue before 2:45pm. The hall doors will not open prior to 2:45pm.** Remember this is still 5 minutes before the official end of the school day. It is actually quicker and safer if everyone tries to come in their allocated time period. We understand that it is not always possible to come in the allocated time period but your best efforts to do so are appreciated.

Just as respect is an expectation of the children, it is essential that parents model the same respect by being courteous in the car park at all times. This includes taking turns and being patient as you make your way to the kiss and collect zone. We ask also that parents obey the left turn only sign when exiting the driveway. This is to ensure the safety of all members of the community.



Thank you for your cooperation as we continue to adapt in a very challenging year.

Keiran Byrnes Principal

### OUR LADY OF LOURDES SEVEN HILLS Children to Return to Term 4 in Summer Uniform

Children are required to wear full school uniform at all times including appropriate haircuts and limited jewelry. Parents' support is essential to ensure their child wears correct school uniform and adheres to the appropriate grooming including haircuts and limited jewelry.

The following information and images provide clarity about school expectations upon the return of students to school in Term 4, 2021.

Boys hair is to be kept neat and tidy, off the collar, of consistent natural colour, of gradual even grade and all extremes of fashion are to be avoided. Some examples of "styles" that are unacceptable include: ridges, lines, undercuts, steps, bowl cuts, any excessive shaping with gel, and any shaving cuts. The school reserves the right to make rulings on the acceptability of any student hairstyles.

Girls hair is to be of consistent natural colour. Hair that is longer than shoulder length is to be tied back from the face. Hair is to be off the face and out of the eyes. Ribbons, hair slides etc, if worn should be in the uniform fabric or blue. Scrunchies are sold from the Uniform Shop. No nail polish is to be worn to school.

### **Girls Summer**

- blue check dress with navy piping & navy tab
- navy school jacket with school crest
- navy jumper with school crest (optional)
- navy (ankle) sock
- black shoes (lace up/velcro)
- navy broad brim hat or cap with school crest
- navy bag with school crest

### Boys Summer

- school classic blue short sleeve shirt with school crest
- navy (blockers) shorts
- navy jacket with school crest
- navy jumper with school crest (optional)
- navy (ankle) socks
- black shoes (laceup/velcro)
- navy broad brim hat or cap with school crest
- navy bag with school crest



Girls and Boys summer uniform Samples of acceptable school shoes

### Girls and Boys - Sports

- navy polo shirt with classic blue trim & school crest
- navy shorts with OLOL embroidery
- navy school jacket with school crest
- navy track pants with OLOL embroidery
- white (ankle) sports socks
- predominately white sand shoes (lace up/velcro)
- navy broad brim hat or cap with school crest
- navy bag with school crest

### Other items available...

- excursion/library bag
- scrunchies and head bands

## All items of school uniform & school bags are available at the school uniform shop.



Girls and Boys sport uniform Predominately white sandshoes and correct length white socks





# **RE NEWS**



This term Our Lady of Lourdes is participating in the Socktober initiative. This is a Mission project that supports vulnerable mothers and their children in Bangkok, Thailand. The initiative runs during the month of October and our first week has been a huge success. The students are already making connections through the universal language of sport and how good sportsmen and sportswomen show teamwork skills and support for their mates. We have also received some generous donations to our Socktober page and encourage you to continue to donate through this link:

https://www.socktober.org.au/fundraisers/ourladyoflourdessevenhills

Next week the students will put themselves in the 'shoes and socks" of these vulnerable children by making their own sock soccer ball. They will be asked to take a photo or video of themselves 'kicking goals for Bangkok' with their soccer ball and upload this on SeeSaw or Google Classroom. We look forward to seeing Our Lady of Lourdes continue on this Socktober journey together as disciples for Mission.

1 Corinthians 12:26

"If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it"



# **RE NEWS**

# **OCTOBER - THE MONTH OF THE ROSARY**

The Rosary belongs to every month, but in October the Church celebrates this prayer in a special way: reminding us of its simple beauty and gentle power. It is a time of grace for us to return to this prayer if we have let it slip away: or perhaps to discover for the first time, in the company of Mary, how the Rosary can guide us into unpretentious prayer.

When we pray the Rosary, it will bring great peace and holiness to our life. Daily recitation of the Rosary will help us get to know our Mother better. By connecting in a deeper way with Mary, we will in turn draw closer to Jesus. When we look at each mystery of the Rosary, we reflect upon different aspects of Jesus' life through the eyes of His mother. Because the Rosary was given to us by Mary, it is very powerful.

Pope Francis says "the Rosary is the prayer that always accompanies my life: it is also the prayer of simple people and saints...it is the prayer of my heart".

Our Blessed Mother herself has asked us in her apparitions to pray the rosary daily for the conversion of sinners and of the world. As we pray it, we are not only praising the Blessed Virgin Mary with the words of the angel Gabriel but we are also petitioning the Father to hear us while at the same time we have the opportunity to reflect upon the events of the life of our Lord Jesus. Let us make a commitment to pray the Rosary with our families. Here is a guide to <u>THE ROSARY</u>.



## Uniforms

### **Uniforms online -**

Parents are able to order summer uniforms using the Qkr! app. OLOL will make a drive through pick up of uniforms delivered to school available on Friday 22nd October between 8:10am to 8:40am. All other uniforms delivered to school will then be sent home via your child. Alternatively there is a home delivery option for an additional charge. Please contact the office if you are picking up your child's uniform to ensure it has been delivered to the school.

## ICE BLOCK SALES AT SCHOOL

To maintain Ice Block sales in a COVID safe way we are introducing a preorder system using the QKR APP. If you would like a zooper dooper for your child on a Monday, Wednesday or Friday starting in Week 4, you will need to preorder by 11:00am on the day. Zooper doopers will be sold for \$1 each. No cash. Further details will follow shortly of how to order and when this system will become available.





Term 4, 2021 Fee Information Statements are scheduled to be issued to families by Mid-October. We are aware of the financial strain that COVID-19 is having on some families and its impact on their capacity to pay school fees. Families experiencing hardship are encouraged to seek support. If you have any queries regarding your account or your payment arrangements, please contact Anne on 02 8869 6800 or <u>olol-shlsfees@parra.catholic.edu.au</u>. If you are already on a payment arrangement or are awaiting the outcome of a concession application, then this statement will be for information purposes only.

School Billing have processed reversals of cancelled Excursions/activities due to COVID-19 Lockdown & restrictions. This will be reflected in the Fee Information Statement. If your account is in credit due to the reversal, the credit will be applied against your 2022 School Fees.



## **Water Bottles**

Reminder to all parents to continue to send their children to school with water bottles in 2021. Under the current COVID 19 guidelines school bubblers have been turned off so children need to bring their own water.

Thank you for your support

Thank you for your support with this matter.



# OLOL Connect and Thrive

## OLOL Connect and Thrive - Term 4 Week 2: HELPING YOUR CHILD TO TRANSITION BACK TO FACE-TO-FACE SCHOOL.

The final optional zoom meeting for parents will be this Thursday the 14th of October @ 1:00pm. The focus of the final session will be: Helping your child transition back to face-to face school.

If you are interested in attending please fill in the Google Form below <u>OLOL</u> <u>Connect and Thrive Term 4 Week 2 Expression of Interest Form</u>

This will be hosted by Charlotte Watt, school counsellor, Margaret Ferguson, Acting Assistant Principal and myself. We are hoping to connect parents with each other and the school as well as to share top tips for managing at home during lockdown as well as the transition back to school. A link will be sent to participants via email on Thursday morning 14th October.

To view recordings of our OLOL Connect & Thrive Parent Zoom sessions and to find more wellbeing resources view the page on our Parent Remote Learning portal here:

https://sites.google.com/parra.catholic.edu.au/ololsevenhills/wellbeing-andcyber-safety

# Wellbeing Resources from our school Counsellor Charlotte.

Support your child transitioning back to school

### TRANSITION BACK TO SCHOOL

Monday	🖗 Tuesday	Wednesday	💝 Thursday	Friday
Try on your school uniform     took at photos of your     school and associate     Watch the virtual tour of     more school on the school     more school on the school     school term the school     Saragoings to bed at     school term but time     Caregiven:     Iait to your child aboot     what may be the same and     different when they go     back to school straight     wwy etc.)	Talk to an adult about any worker you have about going back to school 5 start getting up at school wake up time of the school wake up time for when you have school Caregiven: It can help to re-introduce the school cordine prior to going back to school and utiling the week before going back to school and saist with making the transition smoother. It may take time for your child to adjust to the coutine of being back to school and school to school. In going back to school and school to school and school to school. In going back to school and school to school and school to school. In going back to school and school to school and school to school and school and school needs.	<ul> <li>Pack recess and a school lunch like you would for school</li> <li>Start having recess and lunch at school times</li> <li>Check you have all your school applies ready for not week</li> <li>Caregiven:</li> <li>Sblings may be disappointed about going back before or after their skiblings, scheduk an activity with them for when they are all scheduk any for finardy activities whitz some are at school where they will miss out.</li> </ul>	Practice social skills: playing and taking like pow wold with a friend. Aid a skilling or addat to help you practice. Caregivent: Your child might be andoos about playing with there peers. Role play and helping them practice why to boost their confidence with this skilliset.	Write/draw a list of all your favourite hings about school     Praw a picture of what you are most excited about for term .4     Know your school moming routine ready for Monday moming categorens:     If your usually walk in to the school with your shift.   Inyour usually walk in to the school with your shift.   Inyour usually walk in to the gate, Role play this at home for practice. They may want to take an Item from home that is going to help them feet. Scawle. Journal. Loft toy etc.

### Click on the image here

To download an editable PDF of a resource that you may wish to use to help your child to be prepared for coming back to school. <u>Transition</u> <u>Back to School Resource</u>

Here is a social story about returning to school you can share with your children.

To find more wellbeing resources view the page on our Parent Remote Learning portal here:

<u>https://sites.google.com/parra.catholic.edu.</u> <u>au/ololsevenhills/wellbeing-and-cyber-safe</u> <u>ty</u>



## **RETURNING OF BORROWED TECHNOLOGY**

If your family have borrowed a school Chromebook and charger or other device during home learning, please return the technology and charger to school on your child's first day back at school. This is very important we have these items back so we can continue to use this technology in classrooms.



Thank you, Clare Willemse Learning Technologies Coordinator







Thank you to all the students who submitted entries for all of our challenges last term. It was wonderful to connect together in a different way and share your amazing creative ideas.

Well done to the winners from our Brain Teasers and Riddles challenge in Week 10.

Ms Byrnes and Mrs Ferguson's Corner will no longer continue as we move back to face-to-face teaching. Thank you again for your engagement and enthusiasm for the tasks. 😃

## lv riddle is:

What has a face And two hands but no legs or arms?



Sabareesh Srisankaran



## My riddle is:

The person who makes it does not need it. The person who purchases it does not use it. A person who does use it does not know they are using it. What is it?

Answer: A coffin

My answer is a turtle

## My riddle is:

Q: What is snappy but dangerous

A:scissor 🎌 Because when you cut it is snappy.

## My riddle is:

Q: You go at red but stop at green.

A: Watermelon 🍉

### Because you eat at red but stop eating at green.

# My riddle is:

What starts with gas and has 10 letters?

Answer: Automobile!

## My riddle is:

I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?

Answer:An echo.

## My riddle is:

If you don't keep me, I'll break. What am I?

I have a tail and a head but no body what am i?

I go all around the world, but never leave the corner. What am I?

An elephant in Africa is called Lala. An elephant in Asia is called Lulu. What do you call an elephant in Antarctica?

## My riddle is:

What Starts With P, Ends With E And Has A Million Letters In It???

ANSWER: A POST **OFFICEIII** 

## My riddle is:

I am tall and short and I can help sick people what am I? I am a doctor.

## My riddle is:

What kind of drums follow you everywhere, but only you can hear them ?

## A: Eardrums



We have really enjoyed participating in our FRIDAY FUNDAY Zoom meetings each week. Even the teachers have enjoyed the chance to dress up and have some fun. Here are some photos from our Footy Jersey day from Term 3 Week 10 and Superhero day last week. This Friday is our Final Friday Funday Zoom - Wear your favourite colour. We hope you have all enjoyed the opportunity to bring a bit of fun to our home learning each Friday.









## Our Lady of Lourdes, Seven Hills

## Compass Parent Portal A guide for Parents





### How do I access Compass?

Compass is accessible on any modern web browser (Internet Explorer, Firefox, Chrome, Safari) or by using the Compass iOS or Android apps (continue reading to learn more about the app including how to use it).

To access the parent portal, you can go to <u>https://schools.compass.education/</u> where you can search for our school's direct URL.

### **Compass Apps**

Jsing the app you car

- · View the school news feed
- Receive messages from the school
- View your child's timetable and the school calendar
- View Learning Tasks
- Add Attendance Notes
- view academic repo



## The Compass home screen

App Store

The home screen provides you with relevant alerts and news, as well as quick access to your child's profile.

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### School Calendar

- Link to school events

### Your Children

- To access more information click on the relevant quick link or select Profile to access detailed information about your child.

#### Main Menu

- Allows you to access other Compass and school resources. The Tools icon allows you to update your contact details and change your password.

#### News

- Recent school news items and information relevant to you. This may include newsletters, details of upcoming events.

#### Alerts

 Custom notifications for items that require your action or attention. These may include excursion notifications, ordering options for school photos, absence notifications, survey, and student report availability.

### https://www.compass.education/guide

### Entering an Attendance Note

- 1. From the Compass home screen (or from your student's profile), click the Add Attendance Note item.
- 2. From the pop-up window:
- Select the reason
- Enter a brief description of the absence
- Select the start and finish time
- Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness occurring.

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### **SMS Link**

If your child is marked as absent without prior approval you will receive a message containing a link. When you follow the link, you will have the opportunity to explain the absence.

The link will expire after you have clicked it, meaning that it cannot be used to explain unapproved absences in the future. Instead, you will receive another message containing a new link, allowing you to repeat the process.

### Viewing Academic Reports

1. From the home screen, click on the 'View Academic Reports' item or navigate to the 'Student Profile' and click the 'Reports' tab.

2. A list of 'Academic Reports' will be displayed. Click the report title to download the PDF.

### 



### **Privacy and Security**

When you use Compass you will notice a padlock appears in your browser's address bar on the left.

This is because Compass uses a technology called TLS (Transport Layer Security). This means that your Compass session is encrypted and secure. Further, Compass adheres to PCI DSS compliance obligations to ensure any credit card details are managed safely, consistent with industry credit card regulations.

We are committed to the privacy of your information.

For any other Compass questions please contact the school office on Ph: (02) 8869 6800 or E-mail: ololshills@parra.catholic.edu.au

## **UNIFORM ORDERS**

### Students are to return in Summer Uniform.

A friendly reminder that all orders are to be placed on the QKR app by MasterCard. Please follow the instructions below.

Delivery to the school is every Thursday during the school term free of charge and orders must be placed by 4pm Tuesday for delivery on Thursday.

OLOL will make a drive through pick up of uniforms delivered to school available on Friday 22nd October between 8:10am to 8:40am. All other uniforms delivered to school will then be sent home via your child. Alternatively there is a home delivery option for an additional charge.

Please contact the office if you are picking up your child's uniform to ensure it has been delivered to the school.

Qkr!   🊺 master		quicker, hassle-fre ayments, try Qkr!	
Introducing Qkr! (pronounced 'quicker' secure and easy way to order and pay your phone at a time and place that su With Qkr you can: Pay for a variety of school items; See your receipts on the app and get email if required.	for school items fro its you.	In a second seco	Image:
<b>Getting started Step 1 Download Qkr!</b> On your Android phone or iPhone. iPad users can download iPhone app	is easy - try i		for our school name
Step 2 Register Select your Country of Residence as 'Australia' and follow the steps to register Step 3 Find our school Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.	If you have made a purchase you can select our school from 'Previous Location'		4: 77% ■3 ② Q Activity ©2 km ♥
Step 4 Register your children When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.	If you're within 10 kms of the school, you can select our school from 'Nearby Locations'	Example constraints	0.1km •





At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.

## **Our Lady of the Lourdes Seven Hills**

## **Uniform Size Chart**

Please use the below charts as a guide for the approximate sizing of uniform items.

Boys Short Sleeve Shirt								
Description	Size							
Description	4	6	8	10	12	14	16	
½ Chest	39	42	44	48	51	54	57	
Body Length	49	54	59	61	64	68	71	

Boys Shorts								
Size								
Description	A 6 8 10 12 14 16							
½ Waist	22	24	26	28	30	32	34	
Length	36	38	40	43	45	47	49	

Boys Long Sleeve Shirt								
Description		Size						
Description	4	6	8	10	12	14	16	
½ Chest	38	40.5	43.5	46.5	49.5	52.5	55.5	
Body Length	52	57	62	66	71	77	81	

Boys Pants								
Size								
Description	Description 4 6 8 10 12 14 1							
1/2 Waist	24	26	28	30	32	34	36	
Length	71	77	83	88	95	100	105	

### All measurements are in cms and may differ 1-2cm For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

# **Our Lady of the Lourdes Seven Hills**

# **Uniform Size Chart**

Please use the below charts as a guide for the approximate sizing of uniform items.

Girls Summer Dress										
Description	Size									
Description	4	6	8	10	12	14	16			
½ Chest	39	40	41	44	47	50	53			
Body Length	64	67.5	71	77.5	82.5	87	92			

Girls Winter Tunic										
Description	Size									
Description	4	6	8	10	12	14	16			
½ Chest	38.5	39.5	40.5	43.5	46.5	49.5	52.5			
Body Length	60.5	64	67.5	74	76	84	88.5			

Girls Long Sleeve Blouse										
Description		Size								
Description	4	6	8	10	12	14	16			
½ Chest	37.5	39	41	45	48	50.5	53.5			
Body Length	51	53	54.5	58	61	63.5	66.5			

Poly Cotton Jumper										
Description				Size						
Description	4	6	8	10	12	14	16			
½ Chest	36	39	42	45	48	51	54			
Body Length	46	46	48	54	57	61	61			

### All measurements are in cms and may differ 1-2cm For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

**Our Lady of the Lourdes Seven Hills** 

# **Uniform Size Chart**

Please use the below charts as a guide for the approximate sizing of uniform items.

Short Sleeve Polo									
Description	Size								
Description	4	6	8	10	12	14	16		
½ Chest	34	37	39	42.5	45	47	50		
Body Length	49	52	55	58	61	64	67		

Sport Shorts										
Description		Size								
Description	4	6	8	10	12	14	16			
½ Waist	24	26	28	30	32	34	36			
Length	32	34	36	38	40	41	42			

Sport Jacket										
Description	Size									
Description	4	6	8	10	12	14	16			
½ Chest	42	44	46	48	50	52.5	55			
Body Length	53	55	57	59	61	63	65			

Sport Pant										
Description		Size								
Description	4	6	8	10	12	14	16			
½ Waist	23	25	27	29	31	33	35			
Length	67	72.5	79	85.5	92	97	102			

All measurements are in cms and may differ 1-2cm

### For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.