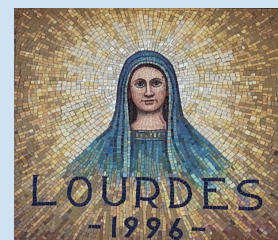




Parish Priest: Father Henry Duc
Phone: 9622 2960

OOSH: Ben Irmisch
Phone: 9676 7293



Newsletter Term 3 Week 2, 2021.

21st JULY, 2021

FUTURE DATES

School Bus services will not operate due to COVID-19 restrictions from Monday, 19th July till further notice.

Olive Street gate will not be open in the mornings or afternoons until further notice.

[Click here to view a 360° Virtual Tour of OLOL](#)



Stay informed: Link to NSW Health



Principal's Message



Dear Families of Our Lady of Lourdes,

Welcome back to Term 3! I know that it would have been a very different kind of holiday break for you and your family. Thank you for the way you have supported your children with their online learning. Parents have done a great job with the help of our staff to do all sorts of troubleshooting to ensure that all students have engaged with their teachers and completed learning tasks during the last two weeks.

We know that you have many questions at this time and we will keep you updated as careful planning continues. Please monitor all school communications via the COMPASS parent portal and our school facebook page as we receive messages from government authorities and Catholic Education Diocese of Parramatta. As with all our communications it is essential that we communicate in a mutually respectful manner. Please note that teachers will be working to respond to emails during the hours of the normal school day. Emails sent outside of school hours will be responded to as soon as possible on the following school day.

Please look after your family and yourself. I know you are doing everything you can for your children. Minimising stress is absolutely vital at a time like this. Included in this newsletter are resources that may be of assistance to you.

Each of us has the power to control our level of anxiety and how that is generated to those around us, especially our children. We all have great strength and resilience, and as a community we will get through this difficult period as we work together with courage, patience and respect.

I am more confident than ever that our dedicated staff will continue to do what is needed to support our students with their learning and wellbeing in this challenging time.

**God Bless,
Keiran Byrnes**

HELPFUL WEBSITE LINKS:



**FOLLOW US ON
facebook**

Click on the image above to see our OLOL Seven Hills Facebook Page for the latest photos and updates. Like and Follow!
Or visit our school website below:



Enrolments for 2022

The school is accepting applications for enrolment. Enrolment applications are available online on the school website or collection at the School Office.

If you have any relatives or friends considering enrolling their child at OLOL in 2022 encourage them to submit their enrolment application.

We have limited spaces available in 2021. If you are an existing family with a younger child ready for school in 2022 it is important that you submit your application. For further enquiries contact Beth or Anne in the school office on 8869 6800.



Advice from NSW Government, NSW Health and CEDP

As you are aware stay at home orders are in place. The Premier is appealing to all citizens to strictly follow these health orders and to please only leave home if it is absolutely essential. This is especially important as in today's press update Dr Jeremy McAnulty identified Seven Hills and Toongabbie as suburbs of concern and has asked people to come forward for testing in those areas with even the mildest of symptoms.

On Saturday 17 July, NSW Premier Gladys Berejiklian announced stronger [Greater Sydney lockdown restrictions](#). This means **people who live in Fairfield, Canterbury Bankstown or Liverpool Local Government Areas (LGA) cannot leave their LGA for work unless they are emergency services or healthcare workers (including age and disability workers).**

As you would understand, some staff at schools in Western Sydney including Our Lady of Lourdes live in the areas mentioned above. With reduced numbers of staff available to be on-site each day, and with these new restrictions, the expectation is that children engage in remote learning from home.

Supervision will be provided at school only for families who need this support. **This is limited to the children of essential workers, vulnerable students, or those who are not at home and have no other options for supervision of their children due to work responsibilities.** This learning will be delivered in the same form as to students who are learning at home.

Doing everything we can to keep all members of our community safe and healthy is our highest priority. As we continue to work together to respond to COVID-19, your cooperation and understanding are greatly appreciated. COVID-19 case locations are listed on the NSW Health website [here](#). As there have been many case locations across the Diocese of Parramatta, I encourage you to check this information regularly. This is especially important as exposure sites for Seven Hills and surrounding local suburbs are currently being updated. The Seven Hills exposure sites as at 1:30pm 21 July include:

- Alpha Medical Centre, Shop 69/224 Prospect Highway
- Anvil Lunchshop 8 Anvil Road
- Better Health Pharmacy Seven Hills Plaza, Shop 70, 224 Prospect Highway
- Donut King Seven Hills Shop 9 Centro Seven Hills, Corner Prospect Highway and Federal Road

We are always available to discuss your child's needs. Please be assured that we will continue to support your children in their learning and wellbeing in Term 3.

Please stay safe.



**Enrolling now
for 2022**

Out and About

Welcome back to Term 3!!

Thank you to our families for the support and effort you are putting in to ensure that our students are continuing to learn while at home. Our students have been learning skills using technology at a fast rate and have been able to show their parents and teachers a thing or two. We have Kindergarten and Year 1 students logging into their Google classroom for their daily zooms, accessing their learning and engaging in reading groups. We know that it has been challenging but the way that everyone has responded to online learning has been wonderful.

Year 6 graduation committee and subsequent fundraising has been postponed until later in the term with a date and the form it will take to be advised.

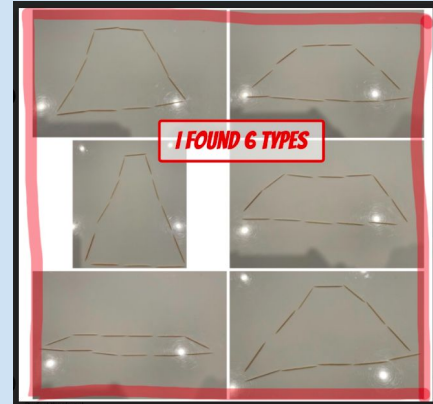
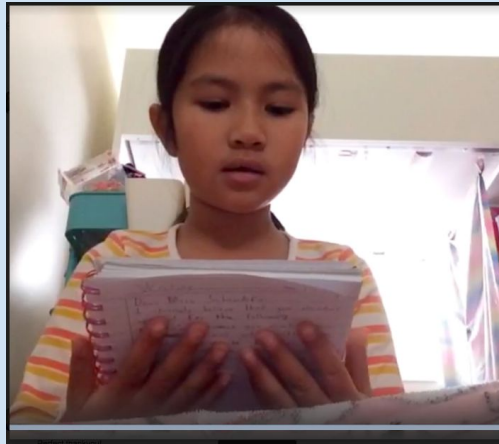
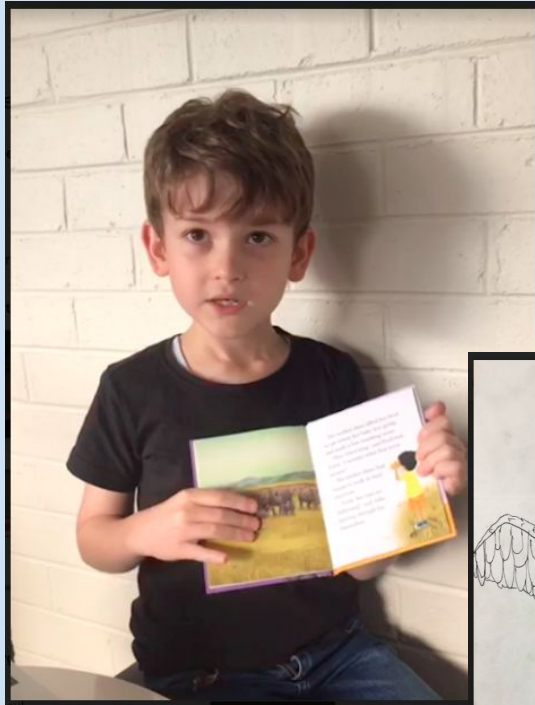
One activity that students can continue to engage in is the Premier's Reading Challenge. Log in details for the challenge were distributed last term. Students are encouraged to record the books that they have read in their online log in order to complete the challenge. This year for all year levels of the challenge students may also include books that have been read to them or that they have read collaboratively with their class teacher.

Students in K- 2 are required to read/ have read to them, 30 books while for students in Years 3- 6 this is 20 books. Included in these totals may be 10 books of personal choice. Further details around the Premier's Reading Challenge may be found via the following link:

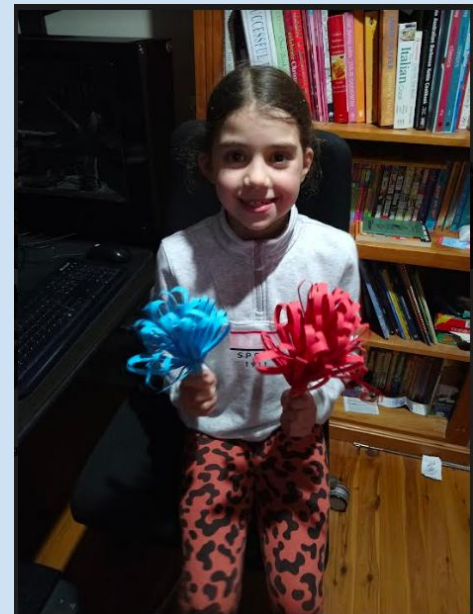
[2021 Premier's Reading Challenge](#)

Margaret Ferguson - Assistant Principal

Out and About - Some Online Learning Snaps



The perimeter of each rectangle is 16



Currently due to recent restrictions, church buildings are not available for private prayer or religious services. At this time when we have to physically distance from one another, it is more important than ever that we draw close to one another spiritually, praying together.

The following prayer is for those who are struggling to find words at this difficult and stressful time, and to enable us to worship in solidarity with one another even when it is not possible to gather in a church building with these restrictions.

Prayer for Pandemic

Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength
to comfort the fearful, to tend the sick,
and to assure the isolated
of our love, and your love,
for your name's sake.
Amen



Wellbeing Resources from our school Counsellor Charlotte.

Click on the image here

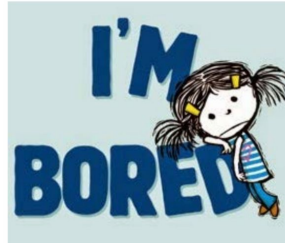


To download a PDF of great activities to keep your children busy at home.

To find more wellbeing resources view the page on our Parent Remote Learning portal here:

<https://sites.google.com/parra.catholic.edu.au/ololsevenhills/wellbeing-and-cyber-safety>

Fun Activities For Creative Minds While Staying at Home!



Activities to break up the day designed for current social isolation limitations

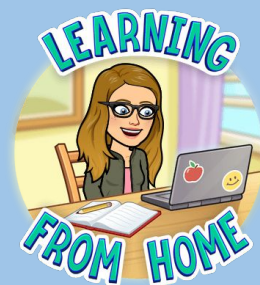


WHILE WE'RE LEARNING FROM HOME, DON'T FORGET TO:

- **Maintain normal morning and nighttime routines** so you're waking up and going to sleep at the same times as if it were a normal school day during the week
- **Plan your day and set up routines** for what you're doing
- **Schedule in breaks** between learning activities so you can get up and move
- **Make sure you're drinking water and eating some food** throughout the day
- **Plan some fun things to do** when you've finished learning for the day. We've listed some ideas for fun activities below which can be done within your home or around your neighbourhood!



OLOL REMOTE LEARNING PARENT PORTAL

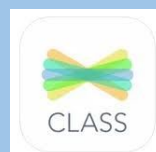
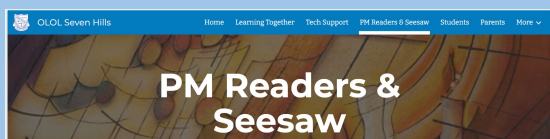


<https://sites.google.com/parra.catholic.edu.au/ololsevenhills/home>

For any Technology issues or questions, please go to our Remote Learning Parent Portal page. The page is updated frequently with videos, links and solutions for commonly asked questions. We have sections for:



On the Tech Support page.



As well as a Section for infants with PM Readers and Seesaw Class and Family app support.

Please email Mrs Clare Willemse cwillemse@parra.catholic.edu.au for any other issues or questions you can't find the answer to on here.

Miss Kaylan Mechado -IT Trainee deals with password resets and issues
kmechadol@parra.catholic.edu.au

Any Compass Parent Portal password or access issues please contact the school email ololshills@parra.catholic.edu.au and Mrs Beth Polo will help you. Thank you!

Any PM Readers Password or account issues please contact our Learning Support Coordinator Mrs Elise Clynick eclynick@parra.catholic.edu.au

Clare Willemse
LTST Technology Coordinator

Compass Parent Portal

Compass Parent Portal Account Activation



Dear Parents,

As you are aware, our school is now only using Compass as our main method of communication with families. Skoolbag is no longer being used. Once registered on Compass you are able to receive text messages if your child is absent and respond with an explanation. Due to current COVID-19 Home learning arrangements we have temporarily disabled the SMS alerts for absences. You will receive Push notifications for notes and important information. You can update your details on the portal and you will be able to view your child's school learning reports when they are posted.

Therefore it is very important that if you still have not accessed the Compass Parent Portal and have not received a login email please contact the school on ololshills@parra.catholic.edu.au to receive a temporary password to activate your compass account. Thank you to the parents who have already done this. If you have not received the email, please check your junk folder.

So far we have 366 parents who have registered for Compass.

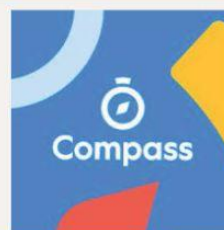
Thank you for your ongoing support.

Keiran Byrnes



Compass Parent Portal

A guide for Parents



How do I access Compass?

Compass is accessible on any modern web browser (Internet Explorer, Firefox, Chrome, Safari) or by using the Compass iOS or Android apps (continue reading to learn more about the app including how to use it).

To access the parent portal, you can go to <https://schools.compass.education/> where you can search for our school's direct URL.

Compass Apps

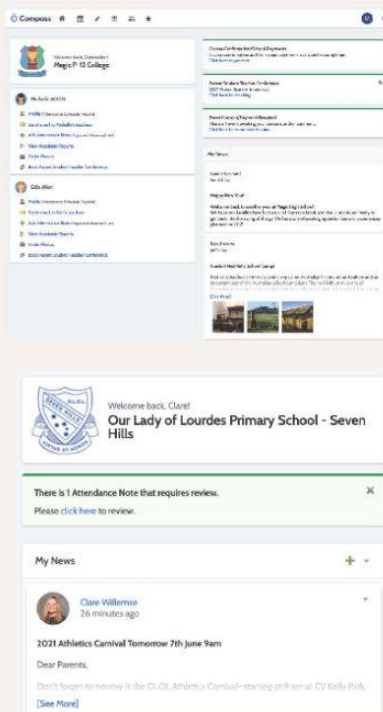
Using the app you can:

- View the school news feed
- Receive messages from the school
- View your child's timetable and the school calendar
- View Learning Tasks
- Add Attendance Notes
- View academic reports



The Compass home screen

The home screen provides you with relevant alerts and news, as well as quick access to your child's profile.



School Calendar

- Link to school events

Your Children

- To access more information click on the relevant quick link or select Profile to access detailed information about your child.

Main Menu

- Allows you to access other Compass and school resources. The Tools icon allows you to update your contact details and change your password.

News

- Recent school news items and information relevant to you. This may include newsletters, details of upcoming events.

Alerts

- Custom notifications for items that require your action or attention. These may include excursion notifications, ordering options for school photos, absence notifications, survey, and student report availability.

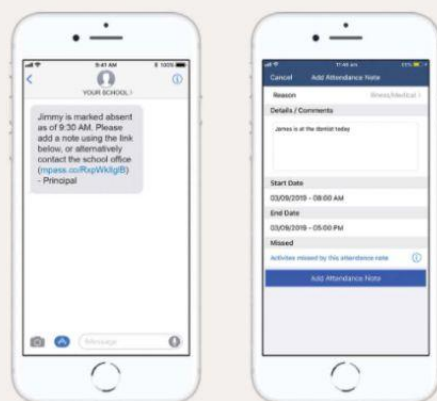
Entering an Attendance Note

1. From the Compass home screen (or from your student's profile), click the Add Attendance Note item.

2. From the pop-up window:
- Select the reason
 - Enter a brief description of the absence
 - Select the start and finish time
 - Click the 'Save' button

Where possible, attendance notes should be entered prior to the absence/lateness occurring.

What is an Attendance Note?
An Attendance Note is used to explain when your child is absent or late for school.



SMS Link

If your child is marked as absent without prior approval you will receive a message containing a link. When you follow the link, you will have the opportunity to explain the absence.

The link will expire after you have clicked it, meaning that it cannot be used to explain unapproved absences in the future. Instead, you will receive another message containing a new link, allowing you to repeat the process.

Viewing Academic Reports

1. From the home screen, click on the 'View Academic Reports' item or navigate to the 'Student Profile' and click the 'Reports' tab.

2. A list of 'Academic Reports' will be displayed. Click the report title to download the PDF.

Edie Allen

- Profile (Attendance, Schedule, Reports)
- Send email to Edie's teachers
- Add Attendance Note (Approved Absence/Late)
- View Academic Reports
- Order Photos
- Book Parent Student Teacher Conference

Compass

Student: Edie Allen - 05A, Year 5

Reporting Cycle	School
2020 - Semester Two Magic P-12 College	Magic P-12 College
2020 - Semester One Magic P-12 College	Magic P-12 College
2019 - Semester Two Magic P-12 College	Magic P-12 College
2019 - Semester One Magic P-12 College	Magic P-12 College

Privacy and Security



When you use Compass you will notice a padlock appears in your browser's address bar on the left.

This is because Compass uses a technology called TLS (Transport Layer Security). This means that your Compass session is encrypted and secure. Further, Compass adheres to PCI DSS compliance obligations to ensure any credit card details are managed safely, consistent with industry credit card regulations.

We are committed to the privacy of your information.

For any other Compass questions please contact the school office on
Ph: (02) 8869 6800 or E-mail: ololshills@parra.catholic.edu.au

School bus services will not operate due to COVID-19 restrictions from Monday 19 July

A Message from Busways

We have just been advised by the NSW Government that in line with the current COVID-19 restrictions, effective from Monday 19 July 2021, we will be operating bus services on a Sunday timetable across our [Western Sydney network](#).

This means there will be no school services operating until the end of July. It also means there will be limited services from our standard route services for the next two weeks.

Although student numbers are significantly reduced at the moment, we are aware that this may impact some families who continue to send their children to school via public transport during this time.

We wanted to make you aware of these changes as soon as possible to assist with managing potential impacts for your student families from tomorrow onwards.

We ask if you could please share the information to parents and students on your school's website, social media or newsletter to assist us with ensuring all parents and students are aware of their travel arrangement.

We hope that you and your school community continue to stay safe and well at this challenging time.

Thank you for your patience and understanding.

Busways.

Compass Parent Portal

We are currently aware of an issue with parents' logins in our Compass Parent Portal.

Due to a technical issue you may get a message that your child/children do not attend our school.

Please send an email with the error message to ololshills@parra.catholic.edu.au and we will solve this problem as a high priority.

Thank you for your patience in this matter.



Online Uniform ordering continues to still be available.

Due to COVID-19 lockdown restrictions, there will not be any uniform deliveries until further notice.

Apologies for any inconvenience.

For further information please contact Elle on M: 0421 216 414 or
E:elle@ozfashions.com.au



CHANGES TO HILLSBUS SERVICES COMMENCING 26TH JULY.

- Route **2701** will terminate at Blacktown Rd opposite Columbia Rd.
- Route **8513** will have a path change. Please refer to school bus advice for detailed path.

We remind students they must have a valid Opal card to travel on school buses, and must tap on and off morning and afternoon.

For current Hillsbus school and route services visit www.cdcbus.com.au or call 02 8889 7000.



Due to the COVID-19 lockdown restrictions, the printing of Instalment 3 Statements has been postponed until further notice.

If you wish for a statement to be emailed or wanting to discuss a payment arrangement please send an email to Anne at:
olol-shlsfees@parra.catholic.edu.au

During the uncertain time for employment, we are grateful for your financial contributions and understanding that for many families, who may not be in a position to contribute.

Fee relief is available to support families who are experiencing significant financial hardship. We are here to help.

Please email Anne at:
olol-shlsfees@parra.catholic.edu.au

Thank you for your support with this matter.



Water Bottles

Reminder to all parents to continue to send their children to school with water bottles in 2021. Under the current COVID 19 guidelines school bubblers have been turned off so children need to bring their own water.

Thank you for your support

DUE TO COVID-19 LOCKDOWN & RESTRICTIONS THERE WILL BE NO DELIVERY OF BOOK CLUB ISSUE 5 ORDERS TO THE SCHOOL.
SCHOLASTIC BOOK CLUB IS OFFERING A \$7.50 FLAT RATE DELIVERY CHARGE FOR
ONLINE ORDERS TO BE DELIVERED DIRECT TO YOUR HOUSE ADDRESS.
PLEASE ENSURE YOUR ADDRESS DETAILS ARE UPDATED PRIOR TO PLACING YOUR ORDER.

SCHOLASTIC BOOK CLUB



SCHOLASTIC  **Book Club**

ISSUE 5 - OUT NOW!

Here's what you need to know

SCHOLASTIC **BOOK CLUB**

To help make this Virtual Book Club a success, we are sending all the parents on your LOOP database **a link to the latest Book Club**. They'll be able to click-and-go directly to the fantastic issue we've put together and **place their orders via LOOP**—just as they always have.



Click here to go directly to the catalogue

Or, here is the link to copy and paste in your browser:

[Book Club Issue 5 Catalogue 5](#)



Dear parent/guardian

Commonwealth School Data Collection Notice

The Australian Government Department of Education, Skills and Employment (the department) would like to advise all parents and guardians that it collects certain information about your child's school, its staff, and student body.

Why is this information collected?

This information is collected by the department in accordance with the *Australian Education Act 2013* (the Act) and the *Australian Education Regulation 2013* (the Regulation). The Act and the Regulation require the legal entity responsible for the administration of the school (the Approved Authority) to provide certain information to the department. The department collects this information to:

- Ensure the provision of Australian Government funding to schools is properly calculated and appropriately managed.
- Conduct research, statistical analysis and develop school education policy for the Australian Government.
- Meet national and international reporting obligations on school students in Australia.
- Publish and provide information about schools to the public.

How is information collected?

Information is provided to the department by a school or their approved authority via various data collections on the [SchoolsHUB website](#).

What information is collected?

Each data collection fulfils a separate reporting requirement. The data collections conducted through SchoolsHUB are:

- **The Student Residential Address and Other Information Collection (Address collection)** provides student residential addresses (excluding student names), and the names and addresses of parents/guardians of students for eligible full or part-time primary and secondary students enrolled at most non-government schools.
- **The Financial Accountability (FA)** assurance activity is done to certify that the financial assistance provided by the Australian Government for schools has been spent or committed to be spent to provide school education.
- **The Financial Questionnaire (FQ)** reports the income, expenditure, assets and liabilities from all non-government Australian schools receiving Australian Government recurrent grant funding.
- **Student Attendance (STATS)** provides a school's student attendance rate data by grade, gender and indigeneity from non-government schools for full-time students in Years 1 to 10 attending regular and special schools.
- **The Non-Government Schools Census (Census)** provides information about the number and characteristics of the school's staff and student body during a specific reference period. Characteristics include student year level and workload, Aboriginal and Torres Strait Islander staff and students, students with disability, students receiving distance education, boarding students, and overseas students. The names of students and staff are not collected, apart from

the name, position and contact details of the staff member nominated as the primary contact for the annual census.

- **Census Special Circumstances Applications** may also be made by schools to include a student/s who did not attend during the Census reference period but otherwise meets Census eligibility requirements. Schools will provide the department with information and documents about the student demonstrating their eligibility. The department does not require information that personally identifies a student and asks schools to de-identify any documents before providing them.

How will the information be used and disclosed?

Some of the information collected by the department from schools in accordance with the Act and the Regulation, may be 'personal information' for the purposes of the *Privacy Act 1988* (Privacy Act).

Personal information is protected by law, including under the Privacy Act. Any use or disclosure of your personal information must occur in accordance with the Regulation. Personal information is information or an opinion about an identifiable individual. Personal information includes an individual's name and contact details.

Personal information collected by the department may be used or disclosed for the following:

- Used by the department to review school funding calculations and develop school education policy.
- Used or disclosed where it is otherwise required or authorised by law, including under the Act or Regulation, or otherwise permitted under the Privacy Act.
- Disclosed to the Australian Bureau of Statistics to calculate your non-government school community's capacity to contribute to the costs of schooling (Address collection only).
- Disclosed to the Australian Curriculum Assessment and Reporting Authority (ACARA) to publish on the [My School website](#) and include as high-level data for ACARA's National Report on Schooling in Australia and the Productivity Commission Report on Government Services (Census and STATS only).
- Disclosed to state and territory education departments and authorities in accordance with the Act.
- Disclosed to a contracted auditor where the department decides to audit or verify the information provided by an approved authority about a school. The contracted auditor may use previously collected information or request access to individual student records for comparison purposes. The contractors may pass this information onto officers within the department, if there is a discrepancy in the data provided by the school and the school's records and further investigation is required. The contracted auditor must handle personal information in accordance with the Privacy Act.
- Disclosed to its service providers for the purposes of the provision of information and communications technology (ICT) support services to the department.
- Other than in exceptional circumstances (for example, investigation of fraud relating to overseas students), the department does not disclose any of the personal information collected to overseas recipients.

For more information about how the department handles personal information, please review the department's [privacy policy](#).

Protecting your child's privacy

When student information is provided to the department by schools or approved authorities, the department requests that the information must not explicitly identify any student. For example,

student names or student identifiers are not provided. To help protect your child's privacy, we support schools to submit their reporting requirements using de-identified records.

In limited cases, even without student names or identifiers, a student may be reasonably identifiable from the information provided (for example, because of the small size of a particular school). In this event, the disclosure of such personal information to the department by a school, and the collection of that personal information by the department, are both required and authorised by law for the purposes of the Privacy Act.

What do you need to do?

You do not need to do anything. Your school is responsible for providing the requested information to the department.

Want more information?

Your school can provide information about data provided for your child. To find out more about school data collections and reporting, visit [SchoolsHUB](#).

UNIFORM ORDERS

Due to the current Covid restrictions we have been advised by Oz Fashions that there will be no uniforms delivered to the school until further notice. For further information please contact Elle on M: 0421 216 414 or E: elle@ozfashions.com.au



masterpass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

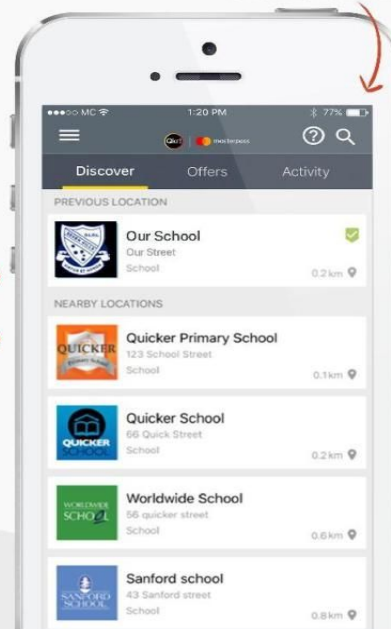
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name





masterpass

Add your children's details in Student Profiles

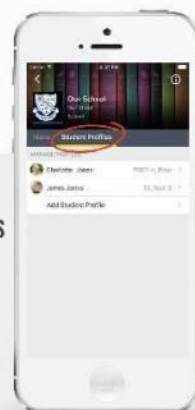
Select
'Add student profile'



Add each
child's details



Manage each
child's details in
Student Profiles

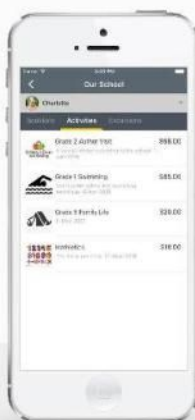


Purchase school items

Select a menu
from our school



Select child
you are
ordering for



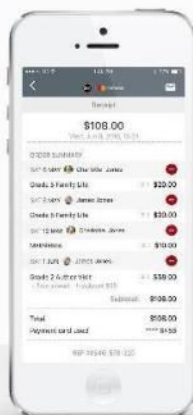
Select your items

Tap 'Checkout'
then confirm and pay



Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.

Please refer to the size chart when ordering uniforms

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

<u>Boys Short Sleeve Shirt</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	39	42	44	48	51	54	57
Body Length	49	54	59	61	64	68	71

<u>Boys Shorts</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	22	24	26	28	30	32	34
Length	36	38	40	43	45	47	49

<u>Boys Long Sleeve Shirt</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	38	40.5	43.5	46.5	49.5	52.5	55.5
Body Length	52	57	62	66	71	77	81

<u>Boys Pants</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	24	26	28	30	32	34	36
Length	71	77	83	88	95	100	105

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

<u>Girls Summer Dress</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	39	40	41	44	47	50	53
Body Length	64	67.5	71	77.5	82.5	87	92

<u>Girls Winter Tunic</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	38.5	39.5	40.5	43.5	46.5	49.5	52.5
Body Length	60.5	64	67.5	74	76	84	88.5

<u>Girls Long Sleeve Blouse</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	37.5	39	41	45	48	50.5	53.5
Body Length	51	53	54.5	58	61	63.5	66.5

<u>Poly Cotton Jumper</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	36	39	42	45	48	51	54
Body Length	46	46	48	54	57	61	61

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.

Our Lady of the Lourdes Seven Hills

Uniform Size Chart

Please use the below charts as a guide for the approximate sizing of uniform items.

<u>Short Sleeve Polo</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	34	37	39	42.5	45	47	50
Body Length	49	52	55	58	61	64	67

<u>Sport Shorts</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	24	26	28	30	32	34	36
Length	32	34	36	38	40	41	42

<u>Sport Jacket</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Chest	42	44	46	48	50	52.5	55
Body Length	53	55	57	59	61	63	65

<u>Sport Pant</u>							
Description	Size						
	4	6	8	10	12	14	16
½ Waist	23	25	27	29	31	33	35
Length	67	72.5	79	85.5	92	97	102

All measurements are in cms and may differ 1-2cm

For all items please lay them flat and measure on a flat surface.

Chest measurement is taken from underarm to underarm.

Body length is taken from the centre back to the bottom of the hem (under collar).

Waist Measurement is taken from left to right side of waist band.

Length Measurement is taken from top of elastic waist to bottom of the hem.