



*Innovative Learning In  
A Changing World*

# Our Lady of Lourdes Catholic School

7 Grantham Road, Seven Hills NSW 2147

Telephone: 9622 7216

[OLOLshills@parra.catholic.edu.au](mailto:OLOLshills@parra.catholic.edu.au)

[www.ololshills.catholic.edu.au](http://www.ololshills.catholic.edu.au)

## Canberra Excursion – Getting Ready

2<sup>nd</sup> March, 2016

Dear Parents,

The time is fast approaching for our trip down the highway to Canberra. Thank you for the prompt return of the permission slips and medical forms, which has enabled all final arrangements to go ahead.

The students and teachers are looking forward to the three days in Canberra. Thank you to the many fathers who volunteered to come on the trip. Unfortunately, we are only able to take two with us. The adults supervising the students for the trip are Mr Owen, Miss Iordanou, Mrs Willemse, Miss Geekie, Mrs Cividin, Mr Naing (Jaylen) and Mr Galea (Alicia).

We know that the students will have a rewarding time, both socialising with their friends and learning many interesting facts about Canberra and our system of government.

The teachers will have access to phones and will be able to contact the school and parents if necessary.

Thank you for all your support and encouragement.

Wayne Owen, Stephanie Iordanou, Elise Geekie, Clare Willemse and Carol Cividin  
**Stage 3 Teachers**

## A REMINDER

The following information will help you prepare your child for the trip.

### Spending Money

A small amount of money may be brought, with a limit of \$10.00 a day. Three \$10.00 notes would help your child know when they have reached their daily limit.

### What to bring:

Students will need to bring **one** overnight type bag with their clothing and toiletries. **All items** need to be able to fit into this one bag. A small backpack to carry onto the bus will also be needed. (*lunch, recess and a drink needs to be in this backpack on Day 1*)

### Day Pack: Day 1: To be carried in a small back pack

- Lunch and Recess
- A hat
- Camera (optional)
- A refillable drink bottle filled with water
- Money for Day 1
- Jumper or jacket

### Clothing

- A set of clothes for Thursday and Friday
- Underwear (including singlets, in case of cooler nights)
- Joggers
- Pyjamas
- Socks
- Soft toy/security item
- A light long-sleeved jumper or jacket (in case of cooler nights)
- Jeans or long pants (in case of cooler nights)
- Toiletries – soap, shampoo, toothbrush, toothpaste, comb/brush, etc.
- Thongs for shower
- Towel
- Camera (optional)

### Food

**Day 1:** Students should have a light breakfast before they leave home and bring with them, in their backpack on the bus, morning tea and lunch including drinks.

**Day 2:** No food required – supplied by Gold Creek Resort.

**Day 3:** Breakfast and lunch will be provided by Gold Creek Resort.

Each student may bring **ONE** bag of lollies or snacks with them for sharing in rooms.

### Medication

Students who require medication, which includes Panadol, need to put the medication into a zip lock bag ***clearly labelled with their name***. Inside the bag there also needs to be a letter explaining the time the medication is to be given and the dosage. This bag must be handed to Mrs Willemse on Wednesday morning. No student is to carry any form of medication with them. Teachers will supervise the distribution of medication.

**OUR EXCURSION IS ELECTRONIC FREE -Please DO NOT bring:**

- Mobile phones, iPods, iPads
- Electronic games
- Any valuable items not required

All students are responsible for their own possessions.

Please label your child's clothing, possessions, bag etc with their name.

**Brief Itinerary**

Wednesday 16 <sup>th</sup> March	<ul style="list-style-type: none"><li>• Arrive at school at <b><u>6:00am</u></b> for a 6:30am departure<ul style="list-style-type: none"><li>▪ Canberra</li><li>▪ Electoral Education Centre</li><li>▪ High Court of Australia</li><li>▪ Australian War Memorial</li><li>▪ Accommodation: <b>Gold Creek Resort, Gold Creek Village, O'Hanlon Place, Nicholls</b></li></ul></li></ul>
Thursday 17 <sup>th</sup> March	<ul style="list-style-type: none"><li>▪ Institute of Sport</li><li>▪ National Museum of Australia</li><li>▪ National Gallery</li><li>▪ Parliament House</li><li>▪ Mount Ainslie Lookout</li><li>▪ Accommodation: <b>Gold Creek Resort, Gold Creek Village, O'Hanlon Place, Nicholls</b></li></ul>
Friday 18 <sup>th</sup> March	<ul style="list-style-type: none"><li>▪ Cockington Green</li><li>▪ Questacon</li><li>▪ Depart Canberra at 1:45/2:00pm</li><li>▪ Estimated arrival in Seven Hills 5:30/6:00pm dependent upon departure time stops and traffic</li></ul>